



MONDAY

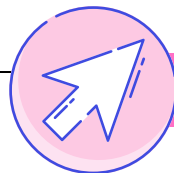
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 3 PM - 5 PM Food Pantry Open 10:30 AM Chair Yoga (Ladybird CR) 9 AM Austin Public Health and 11 AM Integral Care at RBJ 4 PM Resident Bingo (Rebekah CR)	4 6 PM Resident Bible Study (Rebekah CR)	5 10 AM RBJ Community Meeting All Residents Welcome! (Rebekah CR) 1 PM - 3 PM Food Pantry Open 2 PM - 3:30 PM Kendra Scott Color Bar Jewelry Event (Ladybird CR) 4 PM Resident Bingo (Rebekah CR)	6 10:30 AM Exercise w/ Barbara (Ladybird CR) 4 PM Resident Bingo (Rebekah CR) 6 PM Women's Group (Ladybird CR)	7 12:00 PM - 3 PM Food Pantry Open 4 PM Resident Bingo (Rebekah CR) 6 PM Resident Bible Movie Night (TR)
10 3 PM - 5 PM Food Pantry Open 10:30 AM English Class w/ Zack (LIB) 2 PM - 4 PM TxDOT Construction Information Booth (Ladybird Lobby) 4 PM Resident Bingo (Rebekah CR)  Discount Bus Pass Orders Due - Service Coordination	11 10 AM Van Trip to Walmart RSVP at Resident Services 6 PM Resident Bible Study (Rebekah CR)	12 10 AM - 1 PM Food Pantry Open 2 PM Nutrition Class w/ Central Texas Food Bank (Rebekah CR) 4 PM Resident Bingo (Rebekah CR)	13 10:30 AM Exercise w/ Barbara (Ladybird CR) 4 PM Resident Bingo (Rebekah CR) 6 PM Women's Group (Location TBD)	14 12:00 PM - 3 PM Food Pantry Open 4 PM Resident Bingo (Rebekah CR) 6 PM Resident Bible Movie Night (TR)



Online calendar: rbjseniorhousing.org/programs/wellness

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
17	3 PM - 5 PM Food Pantry Open 9 AM Austin Public Health and 11 AM Integral Care at RBJ 10 AM Creative Writing (Ladybird CR) 10:30 AM Chair Yoga (Ladybird CR) <i>-also-</i> English Class w/ Zack (LIB) 4 PM Resident Bingo (Rebekah CR)	18	Help us fill the blank spaces. Contact Callie Cisneros. We will help turn your ideas into action! 6 PM Resident Bible Study (Rebekah CR)	19	10 AM - 1 PM Food Pantry Open 4 PM Resident Bingo (Rebekah CR) 2 PM AGE Technology Class: Virtual Healthcare (TR) 7 PM Christ Church of Austin Visits RBJ Residences (Rebekah CR)	20	10:30 AM Exercise w/ Barbara (Ladybird CR) 4 PM Resident Bingo (Rebekah CR) 6 PM Women's Group (Ladybird CR)	21	12 PM - 3:00 PM Food Pantry Open 4 PM Resident Bingo (Rebekah CR) 6 PM Resident Bible Movie Night (TR)		
24	3 PM - 5 PM Food Pantry Open 10:30 AM English Class w/ Zack (LIB) Double Matinee Feature 11 AM - LBJ 1 PM - All the Way (TR) 4 PM Resident Bingo (Rebekah CR)	25	10 AM Van Trip to Capital Plaza RSVP at Resident Services 6 PM Resident Bible Study (Rebekah CR)	26	10 AM - 1 PM Food Pantry Open 4 PM Resident Bingo (Rebekah CR)	27	10:30 AM Exercise w/ Barbara (Ladybird CR) 10 AM Van Trip to LBJ Museum  LBJ BIRTHDAY 4 PM Resident Bingo (Rebekah CR) 6 PM Women's Group (Ladybird CR)	28	12 PM - 3:00 PM Food Pantry Open APL Mobile Library Visits RBJ! 2 PM Art Class (Rebekah Art Room) 4 PM Resident Bingo (Rebekah CR) 6 PM Resident Bible Movie Night (TR)		
31	3 PM - 5 PM Food Pantry Open 10 AM Creative Writing (Ladybird CR) 4 PM Resident Bingo (Rebekah CR)	<table><tr><td><u>Sunday 8/2</u> 3 PM SoCo Women's Chorus Performance (Rebekah CR)</td><td><u>Saturday 8/29</u> 9 AM - 12 PM RBJ Garage Sale Sign Up at Serafina Pantry sponsored by Resident Council</td><td>Rebekah CR = Rebekah Community Room Ladybird CR = Ladybird Community Room TR = Theater LIB = Ladybird Library</td></tr></table>							<u>Sunday 8/2</u> 3 PM SoCo Women's Chorus Performance (Rebekah CR)	<u>Saturday 8/29</u> 9 AM - 12 PM RBJ Garage Sale Sign Up at Serafina Pantry sponsored by Resident Council	Rebekah CR = Rebekah Community Room Ladybird CR = Ladybird Community Room TR = Theater LIB = Ladybird Library
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