

SEPTEMBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



8 AM - 10 AM
Elana's Monday Office Hours:



10 AM - 12 PM
Cesar's Monday Office Hours

1

6 PM
Resident Bible Study
(Rebekah CR)

2

10 AM
RBJ Community Meeting
All Residents Welcome!
(Rebekah CR)

12 PM - 1 PM
Clear Captions
No cost caption phones!
(Rebekah Lobby)

1 PM - 3 PM
Food Pantry Open

4 PM
Resident Bingo
(Rebekah CR)

6:30 PM
Christ Church of Austin
Communion
(Sky Lounge)

3

10:30 AM
Exercise w/ Barbara
(Ladybird CR)

11:30 AM
Resident Council Meeting
(Council Members Only)

1 PM-3 PM
Labor Day Resident BBQ
(Rebekah CR)

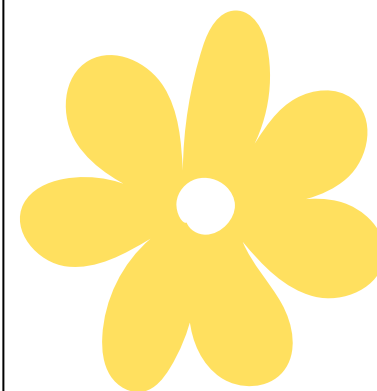
4 PM
Resident Bingo
(Rebekah CR)

6 PM
Women's Group
(Ladybird CR)

4

12 PM - 3 PM
Food Pantry Open

4 PM
Resident Bingo
(Rebekah CR)



7 **Food Pantry Closed**

4 PM
Resident Bingo
(Rebekah CR)



**OFFICES WILL BE CLOSED IN
OBSERVANCE OF LABOR DAY**

8

10 AM
Van Trip to Ranch 99
RSVP at Resident Services

10:30 AM
Pet Club
(Sky Lounge)

6 PM
Resident Bible Study
(Rebekah CR)

9

10 AM - 1 PM
Food Pantry Open

10:30 AM
Chair Yoga
(Ladybird CR)

1 PM-4 PM
Voter Registration Event
(Ladybird Lobby)

2 PM
Nutrition Class w/
Central Texas Food Bank
(Rebekah CR)

4 PM
Resident Bingo
(Rebekah CR)

10

10:30 AM
Exercise w/ Barbara
(Ladybird CR)

1 PM - 4 PM
Voter Registration Event
(Ladybird Lobby)

4 PM
Resident Bingo
(Rebekah CR)

6 PM
Women's Group
(Location TBD)

**Discount Bus Pass Orders
Due - Service Coordination**

11

12 PM - 3 PM
Food Pantry Open

4 PM
Resident Bingo
(Rebekah CR)

7 PM-9 PM
Open Mic
(Ladybird CR)

Online calendar: rbjseniorhousing.org/programs/wellness

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
14 3 PM - 5 PM Food Pantry Open 10 AM Creative Writing (Ladybird CR) 10:30 AM - 12 PM WellMed: Grandparents Day (Rebekah CR) 10:30 AM English Class w/ Zack (LIB) 1 PM-3 PM UT Nursing Disaster Preparedness Class 4 PM Resident Bingo (Rebekah CR)		15 11 AM Movie: Remarkably Bright Creatures (Theatre)  6 PM Resident Bible Study (Rebekah CR) Ladybird Floor 3 Rebekah Floors 7 - 12 Pest Control		16 10 AM - 1 PM Food Pantry Open 10 AM-1 PM Eyeglass Cleaning & Snacks (Ladybird Lobby) 2 PM -3:30 PM AGE Technology Class: Data Centers (Theatre) 4 PM Resident Bingo (Rebekah CR) 6:30 PM Christ Church of Austin Visits RBJ Residences (Rebekah CR)		17 10:30 AM Exercise w/ Barbara (Ladybird CR) 11:30AM Resident Council Meeting (Council Members Only) 4 PM Resident Bingo (Rebekah CR) 6 PM Women's Group (Ladybird CR)		18 12 PM - 3:00 PM Food Pantry Open 2 PM Art Class: Abstract Line Art w/ Acrylic (Rebekah Art Room)  4 PM Resident Bingo (Rebekah CR)	
21 3 PM - 5 PM Food Pantry Open 9 AM Austin Public Health 10:30 AM Chair Yoga (Ladybird CR) 11 AM Integral Care Mobile Clinic 1 PM -3 PM UT Nursing CPR Class 4 PM Resident Bingo (Rebekah CR)		22 10 AM Van Trip to Walmart RSVP at Resident Services 6 PM Resident Bible Study (Rebekah CR)		23 10 AM - 1 PM Food Pantry Open 4 PM Resident Bingo (Rebekah CR)		24 10:30 AM Exercise w/ Barbara (Ladybird CR) 2 PM Balloon Volleyball (Ladybird CR) 4 PM Resident Bingo (Rebekah CR) 6 PM Women's Group (Ladybird CR)		25 12 PM - 3:00 PM Food Pantry Open 4 PM Resident Bingo (Rebekah CR)	
28 3 PM -5 PM Food Pantry Open 10 AM Creative Writing (Ladybird CR) 10:30 AM English Class w/ Zack (LIB) 1 PM - 3 PM UT Nursing AED Training		29 3 PM - 6 PM Movie: Openheimer (Theatre)  Ladybird Floor 4 Rebekah Floors 13 - 16 Pest Control & Unit Inspections		30 10 AM-1 PM Food Pantry Open 4 PM Resident Bingo (Rebekah CR)		 Saturday September 12 11 AM - 6 PM Texas VegFest (Fiesta Gardens) Sunday September 20  12PM-4PM Fall Equinox Celebration & Solar Cookout (Festival Beach Food Forest & RBJ Residences)			